

National Sudden Unexpected Death in Infancy Prevention Coordination Service (NSPCS)



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Hāpai Te Hauora

National SUDI Prevention coordination service



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- The National SUDI prevention coordination service (NSPCS) supports programmes delivered through four regional coordination services and safe sleep coordinators situated in all 20 DHBs.
- is expected to assess whether SUDI prevention services need enhancing or expanding
- is introducing a needs assessment and care plan tool for practitioners to use with pregnant women and postnatally
- **ensure stop smoking support service referral pathways are available**
- support DHBs to provide safe sleep devices and follow-up support for high-risk families
- develop workforce development plans to build SUDI prevention capabilities across maternal and child health, education, social and community services.



Background information



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- Approximately 60, 000 births/year in Aotearoa
- 2012 – 2017 approximately 41 pēpi died in 1st year of life due to SUDI (0.7/1000)
- About 35 are preventable
- Around 24 occur among Māori
- Around 8 occur among Pacific Island



Goal and objectives:



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- **Reduce incidence of SUDI to 0.1/1000 by 2025**
- Not more than 6/year

- Early enrolment with LMC
- Pregnant women with additional needs offered additional support
- **All pēpi have a safe place to sleep**
- **More pēpi are in smokefree environments**
- Whānau report positive & culturally appropriate experience maternal & child
- Equity of service access & health outcomes for priority pops (Māori, PI young maternal age, families living in poverty & deprivation)



Modifiable Risks and protective factors



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- Smoking (know how to refer to SSS)
- Sleep position and place (know how to access a wahakura)
- *Breastfeeding*
- *Immunisation*
- *Advice & education*

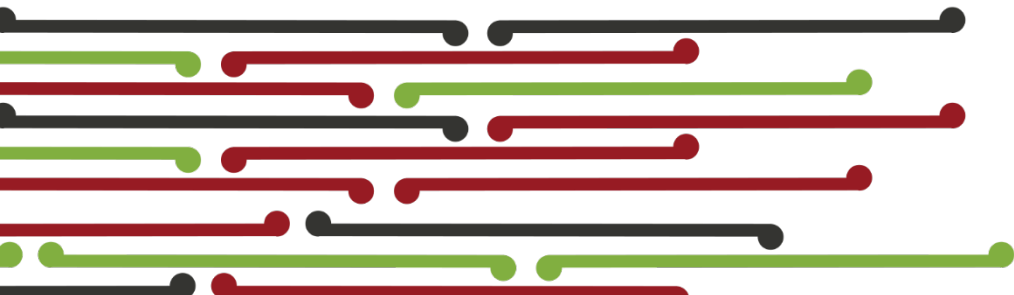


Wellchild-Tamariki Ora



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- **Wahakura** a safe sleep device inherently Māori.
- **Wānanga** a place for whānau hapū to Experience, learn, grow and discuss
- **Stop smoking services** relationship and General health improvements
- You have the **power and the knowledge**



Key messages



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- Decline has stalled in last couple of years
- Pēpi Māori are more likely to be burdened by SUDI
- Together we can prevent many of the deaths.



Safe Sleep for P.E.P.E

- | | |
|------------------|--|
| Place | Place baby in their own baby bed in the same room as their parent or caregiver. |
| Eliminate | Eliminate smoking in pregnancy and protect baby with a smokefree whānau, whare and waka. |
| Position | Position baby flat on their back to sleep – face clear of bedding. |
| Encourage | Encourage and support breastfeeding and gentle handling of baby. |