



**Our Strategic Intent**

Consolidate and grow Te Runanga activities

**TAMARIKI ORA**

- Whānau care and support
- Assessments for new babies

**HAUORA HEALTH SERVICES**

- Income, budgeting and financial support
- Access to transport and drivers license
- Education and employment

**ATIWA TOA FM**

- How to tune in
- Send us your panui

**TAMAITI WHANGAI**

- Supporting education achievement for rangatahi
- Wainuiomata High School mentoring and support programme
- WelTec Māori and Pasifika Trade Training

**WHANAU TAHI**

- Social and well being assessments
- Engaging and indentifying priority whānau

**BREASTFEEDING HEALTH**

- Tamariki Ora
- Information, guidance and mentoring

**COMMUNITY HEALTH**

- Marae Based Outreach Services
- CV Writing

**TAMAITI WHANGAI IWI PANEL**

- Divert minor offending from criminal justice system
- Whānau-centred intervention

**RANGATAHI HEALTH**

- Care planning and advocacy

**RAPU MAHI**

- Gain and sustain employment
- Mentoring and advocacy

**WAIWHETU MEDICAL CENTRE**

- Make an appointment
- New patients

**KAHUI KAUMATUA O WAIWHETU**

- Ngā Ohaki

Tamariki  ora



*“Ko te ahurei o te Tamaiti  
ma te whanau, te hapu, te iwi,  
te hapori*

*Hei poipoia kia puawai”*

The uniqueness of the child will blossom  
through the nuture of family, extended family,  
tribe and community



Te Runanganui o Te Ātiawa ki  
Te Upoko o Te Ika a Maui inc.





# HĀPU ORA Clinic



This is a drop in clinic  
No need to make an appointment

- ❖ Free pregnancy testing
- ❖ Help to find a midwife
- ❖ Taking care of yourself
- ❖ Access to stopping smoking Programme
- ❖ Early pregnancy advice for Mum & Baby
- ❖ Breastfeeding help
- ❖ Jadelle advice & inserts
- ❖ Safe Sleep

Transport available if needed  
Please call Lisa: 04 5668214  
ext. 732

## **Cost:**

FREE

Pop in for a cuppa,  
Tamariki welcome



## **When:**

Thursdays 9.30am to  
12.30pm

## **Who:**

Hāpu wahine and whānau

## **Where:**

Kōkiri Puketapu Whānau  
Ora Centre  
148 Whites Line East,  
Waiwhetu. At the back of the  
medical centre, next to  
Tamariki Ora