

Dear

**Don't let the flu get you – Immunisation is Free for you.**

For 2010, immunisation will be FREE to pregnant women who wish to have the seasonal influenza vaccine.

Pandemic Influenza (H1N1) Swine Flu may increase in a second wave as early as this autumn.

Pregnant women are more at risk of severe illness from influenza.

**In New Zealand, the 2010 seasonal influenza vaccine also contains protection against Swine Flu so we strongly recommend influenza immunisation to protect you and your baby.**

Influenza immunisation for pregnant women has clear benefits for both mother and baby. Mothers who receive influenza vaccine while pregnant are able to pass protection on to their baby. The vaccine offers protection to infants who would normally be too young (under 6 months) to receive immunisation individually.

International evidence on the safety of the vaccine shows no evidence of harm to the fetus from immunisation using inactivated virus vaccines.

**Call us to make an appointment TODAY as influenza immunisation is FREE only until June 30th.**

Yours sincerely

P.S. Remember, tell your friends and family/whanau that influenza immunisation (including protection from Swine Flu) is now available. Some may qualify for free vaccination. The more people who are protected against influenza, the less it can spread.



visit **[www.fightflu.co.nz](http://www.fightflu.co.nz)**