

Dear

**Don't let the flu get you – Immunisation is Free for you.**

The incidence of Pandemic Influenza (H1N1) Swine Flu may increase during a second wave as early as autumn 2010. It is a new type of influenza that you may not have been exposed to before.

For most people pandemic influenza is a mild to moderate illness but for some it is serious and can lead to complications, even death.

**The good news is that in New Zealand, the 2010 seasonal influenza vaccine also contains protection against Swine Flu.**

And even better news – you are eligible for FREE influenza immunisation either because you are 65 years or over, or you have an ongoing medical condition that puts you at risk for complications.

**Call us to make an appointment TODAY as influenza immunisation is FREE only until June 30th.**

Yours sincerely

P.S. Remember, tell your friends and family/whanau that influenza immunisation (including protection from Swine Flu) is now available. Some may qualify for free vaccination. The more people who are protected against influenza, the less it can spread.



visit [www.fightflu.co.nz](http://www.fightflu.co.nz)